**Lesson 6 - Suggested Lesson Guide**

*Updated 7-2025*

| **Duration** | **Content** | **Notes** |
| --- | --- | --- |
| 2 min. | Welcome | Provide a general welcome and an overview of the goals of the session. |
| 5 min. | Review | Have the participants turn on their devices and get ready for the session. Ask if any questions arose since the last session. |
| 10 min. | Overview of Social Media | Highlight what social media is and how it's used. Reminder of being a good digital citizen and protecting your data (e.g., passwords).  - X (formerly Twitter)  - Facebook  - YouTube  - Instagram  - Pinterest  - Zoom  - WhatsApp  - Provide a brief overview of each of these in the slide deck |
| 30 min.\* | Practice and Investigation of Social Media | - Show the video [Think Before You Share](https://www.youtube.com/watch?v=BcdZm3WAF4A)  - Your Digital Footprint  -The Impact of Your Digital Footprint - We recommend presenting social media through a privacy and safety lens.  - Provide students time to go through the Social Media Introduction and explore a social media app   * [Alternate Activities](http://tinyurl.com/linkedin-learn) - Participants can explore Linkedin’s tutorials on how to use their platform.   - Adding Contacts - Participants can choose which social media platform to practice on.  - Joining Groups - This demo can be done on Facebook or Linkedin, depending on your cohort’s interests.  - LinkedIn (Professional focus) Include this tutorial depending on your cohort’s interests. **You may want to remind participants that anything they include on this platform can impact their job prospects.** |
| 10 min.\* | Artificial Intelligence (AI) | - General discussion - “What do you think AI is and/or involves?”  - Select 1-2 videos depending on your cohort’s interests and experience with AI:   * AI Overview: [What is Artificial Intelligence?](https://www.youtube.com/watch?v=uMzUB89uSxU) (stop at 3:50) - helpful to demystify AI, explain how it’s used in everyday life and in different fields, and share types of AI. * AI Overview: [Artificial Intelligence: How does it work?](https://www.youtube.com/watch?v=c0m6yaGlZh4) - quick technical overview, emphasizes artificial vs human intelligence * [How AI Works in Everyday Life](https://www.youtube.com/watch?v=oJC8VIDSx_Q) (stops at 2:50) - helpful to demystify AI and explain how it’s used in everyday life. Provides closing discussion prompt: “What are 3 ways that you or someone you know uses AI?” * [What is Generative AI?](https://www.youtube.com/watch?v=rwF-X5STYks) - shares definition, uses, and general advice on safe and thoughtful use   - Debrief  - How did this video inform your thoughts about AI?  - Best Practices When Prompting AI Agent - Tips on engaging chatbots such as Gemini or ChatGPT. **Emphasize that students should not share personal information.**  - Practice with Gemini - Choose a prompt to demo or allow participants to practice on their own. |
| 5-10 min. | Break |  |
| 50 min. | Showcase Demonstrations/Celebration | - 5 min. per person in your class should be sufficient. This can be flexible.  - There will be certificates for you to hand out to participants. We will provide a template and you will print out and fill in their name |
| 10 min. | Post Survey | [Post survey link](https://www.surveymonkey.com/r/WGCB39B) |
| 10 min. | A Few of Our Favorite Things | Create a [Miroboard](https://miro.com/product-overview/) [(to replace Jamboard](https://jamboard.google.com/)) and have participants share what their favorite activities from the course were. |
| 10 min. | Wrap-up | Final comments, questions, certificates, and celebrations. |
| **2 hrs. 27 min.** | **Total Time** |  |

*\*Longer if including optional tutorials or activities*